

For **BRAIN**
and memory Support

COGNIRAC

Syrup

L-Carnosine 100 mg, DHA 10% 75 mg, Co Q10 20 mg, Ginkgo Biloba 15 mg
Vitamin B1, Vitamin B6, Vitamin B12 2.2 mcg, Niacinamide 18 mg,
D-Panthenol 5 mg, Zinc 10 mg, Selenium 20 mcg



L-Carnosine :

Acts as an antioxidant, protecting cells from oxidative stress.
May help in anti-aging by reducing glycation, a process that damages proteins.
Supports brain health, potentially aiding in conditions like Alzheimer's
May enhance muscle function and recovery.

DHA (Docosahexaenoic Acid) :

An omega-3 fatty acid crucial for brain and eye health.
Supports cognitive function and memory.
Promotes heart health by reducing inflammation and triglycerides.
Important for fetal brain development during pregnancy.

Coenzyme Q10 (CoQ10):

A powerful antioxidant that support cellular energy production
Essential for heart health, especially in patients with heart disease or heart failure.
May improve exercise performance by boosting energy.
Helps with mitochondrial function, which is crucial for anti-aging.

Cyanocobalamin (Vitamin B12):

Essential for nerve function and red blood cell formation.
Helps prevent anemia and fatigue by supporting proper oxygen transport in the body.
Important for DNA synthesis and overall brain health
Often used to support energy metabolism and cognitive function.